

MEMBERSHIP 'FREEZE'

PERSONAL DETAILS

First Name: _____ Last Name: _____

Email: _____ Membership number: _____

Direct Debit Up-front

DIRECT DEBIT 'FREEZE' TERMS & CONDITIONS

- You can apply to freeze your membership if you have more than one month remaining on your contract.
- Memberships can be paused for a minimum of 14 days and a maximum of 30 days for 6 month contracts and 60 days for 12 month contracts. Flexi-term contracts are considered on a case by case basis.
- The 'freeze' period will begin on the next payment date.
- The period of any 'freeze' will be added to the minimum term of your contract.
- Payments will stop for the 'freeze' period.
- Memberships cannot be paused retrospectively and management reserve the right to decline 'freeze' requests.

UP-FRONT 'FREEZE' TERMS & CONDITIONS

- Memberships can be paused for a minimum of 14 days and maximum of 30 days for 6 month contracts and 60 days for 12 month contracts.
- Memberships with less than 30 days remaining cannot be paused.
- The 'freeze' period will begin on the next working day after request.
- Memberships cannot be paused retrospectively and management reserve the right to decline 'freeze' requests.

REASON FOR 'FREEZE' REQUEST

Travel Medical Other

Start date: _____ Return date: _____ Duration: _____

Comments: _____

Signed: _____ Date: _____

OFFICE USE ONLY

Date recieved: _____ Staff signature: _____

Notes: _____